

**BankTrust First Light Marathon Relay Roster**  
**January 9, 2011**

The BankTrust First Light Marathon relay division will compete Sunday, January 9, 2011. Each team will consist of five persons with four members running/walking 5 miles and the last member running/walking 6.2 miles. Team competition will be encouraged with awards in the following divisions: Open, Masters, Grand Masters, Senior Grand Masters, Organization, High school, Race-walker and Grade school. Each division will feature all male, all female and coed categories (Coed teams must have at least one male and one female participant.) The Race-walker and Grade school divisions will have only one category: can be all female, all male or coed. This will be a great time to get five people together, select a captain, challenge others in your division, and have a great time while supporting Mobile's only marathon.

Team captains will receive packets with relay instruction sheets, wristband and 2 bib numbers for each team member. Each team member will wear one bib on their front and one on their back to allow for team /division identification throughout the marathon. Team members will be responsible for getting to the appropriate transition area (5, 10, 15, and 20 mile marks) and getting back to the finish line. Team members should check in with a relay marshal when they arrive in their transition area. Each team will be given a wristband that will be worn initially by the first leg runner. The wristband will be passed to the next participant at the appropriate relay station. All relay stations will be monitored by a course marshal to ensure the fair exchange of the wristband. Relay bib numbers will be different in color from the other events so relay participants approaching the transition area can be identified by the awaiting team members. If the team wristband is not worn by a runner, the team could be disqualified. If your team does not turn in a wristband at the finish, your team could be disqualified. Only the last member from each team, wearing the bib with the pull tag, will cross the finish line for scoring purposes. The person crossing the finish line will receive 5 finisher medallions.

Team entries will require a completed team roster, completed individual race applications, and the team entry fee. Changes in team rosters may be made at Packet Pick-up on Saturday, January 8th, prior to obtaining the team race packets. Any new team member **MUST** provide a completed individual application and be present to sign the waiver, otherwise, the team entry will **NOT** be changed.

Course support will be the same as for the marathon. All participants receive a t-shirt and invitations to the pre-race and post-race meals.

**Race-day team registration or team category changes will NOT be allowed.**

**Individual team members must also complete a FLM Race Application form.**

Form can be downloaded from: [http://www.firstlightmarathon.com/app\\_10.pdf](http://www.firstlightmarathon.com/app_10.pdf)

You may also register online as a team member through MarathonGuide.com. (Enter "First Light" under Quick Race Search.)

- Complete the form and mark the Events "**Marathon**" and "**Relay**".
- Please write the **Team Name** in the space provided.
- Sign the waiver and send the completed form to:  
L'Arche Mobile Foundation  
151 S. Ann St.  
Mobile, AL 36604
- Individual team members' registration fee is covered under the Team registration fee.
- Individual team members who also wish to participate in either the Half Marathon or the Full Marathon will be required to register for those events separately. Each will receive 2 bib numbers.

**AWARDS:** 1<sup>st</sup>, 2<sup>nd</sup>, and 3<sup>rd</sup> place for each division / category. Grade school will only be awarded 1<sup>st</sup> place.

**FEES:** Make check payable to L'Arche Mobile Foundation. Mail to 151 S. Ann St., Mobile, AL 36604

All fees are non refundable. Team entry fee to accompany roster form.

\_\_\_ 5 person relay \$125 received by October 1, 2010

\_\_\_ 5 person relay \$130 received by December 31, 2010

\_\_\_ 5 person relay \$135 received after January 1, 2011

**CONTACT:** Marty O'Malley 251-476-8732 firstlightmarathon@hotmail.com

**Relay Team Roster Form  
First Light Marathon  
January 10, 2010**

**TEAM NAME:** (Team entry fee to accompany roster form)

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**DIVISION:** (check only one)

Open         Male         Female         Coed (1 member of team must be of opposite sex)

Masters      Male         Female         Coed (1 member of team must be of opposite sex)

GMasters    Male         Female         Coed (1 member of team must be of opposite sex)

SGMasters    Male         Female         Coed (1 member of team must be of opposite sex)

Organization  Male         Female         Coed (1 member of team must be of opposite sex)

High School  Male         Female         Coed (1 member of team must be of opposite sex)

Race-walker  (Can be all male, all female or coed)

Grade school  (Can be all male, all female or coed)

**TEAM ROSTER:**

Name	Age	Sex	City, State, Phone No.
Entrant #1 (Team Captain)			
Entrant #2			
Entrant #3			
Entrant #4			
Entrant #5			

This form can be downloaded from: [http://www.firstlightmarathon.com/RelayRoster\\_10.pdf](http://www.firstlightmarathon.com/RelayRoster_10.pdf)